

**Hays CISD
School Health Advisory Council
Minutes
Wednesday, September 18, 2024
11:30 AM – 1:00 PM In Person MEETING
Academic Support Center, Board Room**

Members Present

Megan Benthall	Jeri Skrocki (non-voting)	Kristen Cearbaugh
Alex Zavala	Whitney Self	Krista Deshayes
Tiffanie Febin	Suzanne VanVelson	
Erica Gallardo	Angelica Solis (non-voting)	
Robin Goffena	Melissa Corona (non-voting)	
Sarah Jensen	Nicole Hartman	
Teresa Tobias	Maritza Gonzalez	
Diana Woods	LindaRae Johnson (non-voting)	
Dusty Gibbs (non-voting)	Jessica Levin	

- I. Welcome and Call to Order-11:46am
- II. Disclosure of Recording of Meeting-done
- III. Review of Minutes from May 15, 2024
Teresa Tobias moves to accept. Nicole Hartman second
- IV. Introductions and Review of SHAC Purpose-
 - a. Megan BenthallIntroductions and presentation on SHAC- Posting on SHAC website
- V. Non-UIL Weather Guideline Review and Recommendation
 - a. Megan Benthall and Jeri Skrocki

Weather app with real time information. Alerts tailored to UIL guidelines, but resource can be used for non-uil weather guidelines. Equipment should be installed in the coming weeks. Text message alerts.

Weather widgets placed on campus webpages accessible for all.

Alex Zavala- motion to approve. Diana Woods second

16 for, 0 against

- VI. Committee Formation
 - a. Physical Activity

Increasing minutes of physical activity difficult to address. Committee trying to find ways to increase minutes outside of school day.

Possible physical activity log

Committee Members- Robin Goffena, Suzanne VanVelson, Krista DeShayes,
Melissa Corona, Whitney Self

- b. Child Nutrition-pausing, but will send the interested individuals to Thomas
Stone

Committee interest- Jessica Levin, Kristen Cearbaugh, Suzanne VanVelson, Diana
Woods, Tiffanie Febin

VII. Open Discussion-

Mental Health Committee- St. Eds, Texas State providing resources to support
campuses. Expanding TCHATT Dell Medical. Mental Health Newsletter, City of Kyle 1
year program.

Physical Activity Teacher Survey response. Increased recess time.

Nutrition-Fuentes and Tobias getting the Green Bronx, received Grant using to increase
breakfast program.

VIII. Closing / Adjournment-

Adjourn-12:40pm

Future SHAC meeting dates

SHAC meetings are from 11:30-1:00 on the scheduled dates below.

- **November 13, 2024**
- **February 12, 2025**
- **May 7, 2025**

Mission

"We the Hays CISD SHAC will endeavor to create an environment that nurtures physical, mental, emotional,
spiritual, and social health so students can learn at their highest potential."

Vision

"We the Hays CISD SHAC, envision a productive, diverse community, whose members are emotionally, physically,
spiritually, socially and intellectually healthy."